

Karate

KenKon is a training centre for karate, judo, Chinese yoga (qigong), Tibetan meditation, Zen meditation and mindfulness, where many people come together to practice disciplines within the martial arts, yoga, meditation and dance. All our activities aim to contribute to your health and development as a human, and to the world. Looking to find depth in sports, or seeking a challenge in mental fitness? In Wageningen, the place to be is KenKon.

KenKon
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Thymos acknowledged association